



Evolution Pain and Spine Patients:

We have been monitoring the situation concerning COVID-19 across the community. We value the health and well-being of our patients and staff above all.

Evolution Pain and Spine **will remain open** and we will continue to monitor the situation day-to-day. However, we are taking extra precautions (described below) and we need each of your help in making these precautions as successful as possible.

Please stay home and utilize telehealth visits:

- If you have symptoms such as a cough, fever, congestion, sore throat, runny nose, or shortness of breath.
- If you have traveled out of the country within the last 14 days, particularly a CDC-reported country (<https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/world-map.html>).
- If you have had contact with someone that has had COVID-19 (or its symptoms) within the last 14 days.

Consider staying home and utilize telehealth:

- If you are above the age of 70
- If you have serious medical conditions and/or are immunocompromised

Please continue to keep your appointments:

- if the above doesn't apply to you.

Also, rest assured that we are taking the following **extra precautions** for our patients and staff.

- We are monitoring visitor access and movement within the office (visitors without an appointment should wait in the front office area waiting room).
- We will reduce the number of visits per day to ensure ample waiting space, room space, and to ensure adequate time to clean between patients.



EVOLUTION
PAIN AND SPINE

We will continue to communicate with you should our status change. We are always here to serve our patients and community. Please do not hesitate to contact our office if you have any questions or concerns about your needs.

Many thanks for helping us to implement these short-term changes!

Dr. Sunil Thomas